

build your own

kids

\$5.75



4oz

small

\$6.50



6oz

large

\$7.50



12oz

cones

\$7.50



GF, V

flavors

OG banana

no extra charge

+1 flavor

+ \$1.00

+2 flavors

+ \$2.00

toppings



\$0.50: banana slices, raw coconut flakes, toasted coconut flakes, chia seeds, flax seeds, hemp seeds

\$0.75: mango, pineapple, house granola, almond slices, house peanut butter, rainbow sprinkles, chocolate sprinkles

\$1.00: strawberries, blueberries, kiwi, cacao nibs, candied walnuts, waffle cone bits, bee pollen, vegan chocolate chips

drizzles

\$0.50: chocolate drizzle, salted caramel drizzle, strawberry drizzle (v, gf)

\$0.75: local Florida honey

\$1.00: organic condensed coconut milk (v, gf)

signature bowls



OG banana
no extra charge



1 flavor
+\$1.00



2 flavors
+\$2.00



breakfast-y

palanquera: strawberries, pineapple, raw coconut flakes and local Florida honey

Small: \$8.50 Large: \$9.50

sunrise: strawberries, blueberries, mango, and local Florida honey

Small: \$9.25 Large: \$10.25

all day

crunchy-b: house granola, house peanut butter, raw coconut flakes and local Florida honey

Small: \$8.50 Large: \$9.50

go-mango: mango, pineapple, house granola, and local Florida honey

Small: \$8.50 Large: \$9.50

dessert-y

pb cup: banana slices, cacao nibs, house peanut butter, chocolate drizzle

Small: \$8.75 Large: \$9.75

calypso: banana slices, toasted coconut flakes, salted caramel drizzle

Small: \$8.50 Large: \$9.50



açaí

24oz bowl



peel's açai bowl - \$13.50

banana slices, strawberries, blueberries
house granola, raw coconut flakes, local
Florida honey

mico bowl - \$14.75

banana slices, kiwi, strawberries, hemp
seeds, house granola, house peanut
butter, local Florida honey



smoothies



playa berry: strawberries, blueberries,
banana, coconut milk \$9.25

piña chiquita: pineapple, mango, banana,
coconut milk, lime juice \$9.25

something nutty: peanut butter, banana,
chocolate drizzle, coconut milk \$9.25

banana affogato: cold brew, banana, dates,
coffee grounds, coconut milk \$9.25

pb + j: peanut butter, strawberries, banana,
coconut milk \$9.75

lemon pico: pineapple, lemon, fresh mint,
ginger, banana, pineapple juice \$10.00

juices and shots

lemon ginger shot: \$3.50
fresh squeezed OJ: \$5.50

